



Coming Together in Hard Times

The Wednesday Workshops

Wednesday 11th September 1-3pm

Your Social and Economic Rights

Do you believe that everyone has a right to decent health care, a decent home, and decent food? Come and find out what your rights are and how to campaign for justice.

This is a fun interactive workshop with Just Fair and Workie Ticket Theatre Company.

Wednesday 23rd October 1.30-3pm

Local Welfare Support and Crisis Support at South Tyneside Borough Council

Not many of us know exactly what help the council can give when we are struggling with money. Lots of people think they do nothing! Come and find out the facts about what help we can receive.

Wednesday 6th November 1-4 pm

Understanding Fuel Poverty and Ill Health with National Energy Action

Find out how our health is affected by the cold and damp. Learn what help there is to keep your home warm.

For all of these workshops, just put your name down at the WHIST office, ring 0191 454 6959, or contact Meg at meg@whist.org.uk